



Jee-Goo and Brooklodge Friendly Open
Taekwon-Do Competition
Saturday the 16th of April
Little Island Sports Complex, Cork



Dear Instructor,

It is with the greatest pleasure that, on behalf of the Glanmire School of Taekwon-Do, we would like to cordially invite both you and your students to the Jee-Goo and Brooklodge Friendly Tournament to be held in Little Island Sports Complex, Cork on Saturday, 16th of April, 2016.

I sincerely hope that you and your students will join us in Cork for this event.

The competition will be run under A.E.T.F. rules, with divisions for male and female, senior and junior for patterns and sparring at colour belt level only. In addition, a special technique section (overhead kick) will be held for those aged 12 and under. With the provision of sufficient umpires, four rings will be run to ensure that the competition runs as efficiently as possible. Each club **must** provide an umpire, however, we encourage as many black belts as possible to practice and improve their umpiring skills by taking part on the day.

Please note it is compulsory for all competitors to wear head gear. Shin-guards and gum-shields are compulsory for all competitors while groin guards are mandatory for male competitors. Each club with attending students must put forward an umpire.

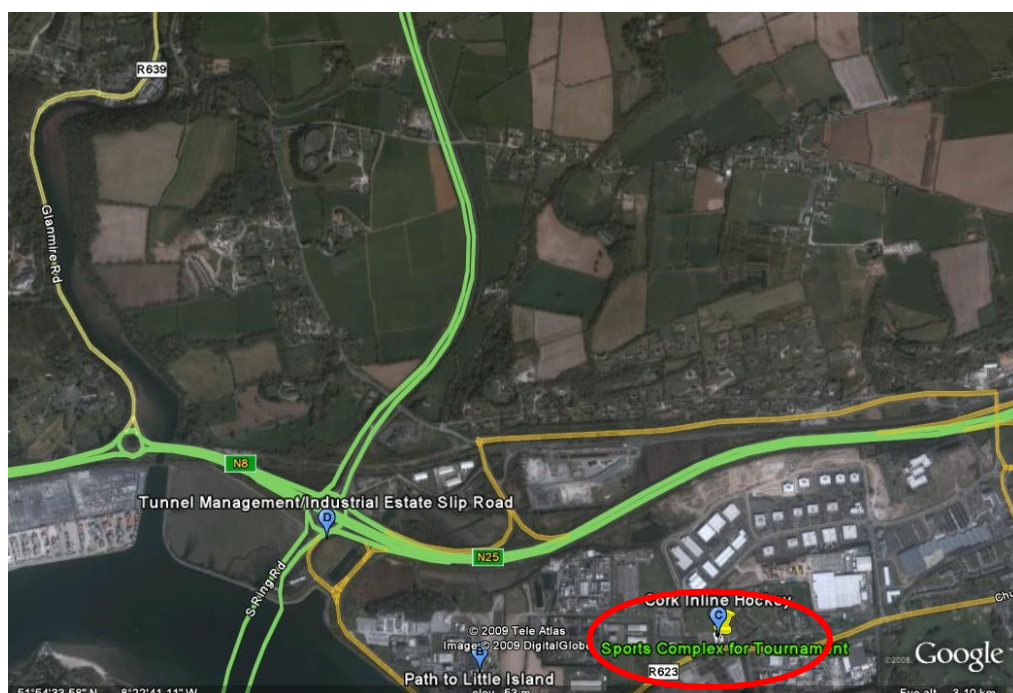
Attached, you will find the proposed categories that may be amended pending numbers.

Looking forward to seeing you,

Yours in Taekwon-Do,

Alan and Amy-Jane Troy

Venue: Little Island Sports Complex, Little Island Cork.



Times: Referees 9.30 sharp
Competitors 10.00 sharp

Price:

- (1) 10th & 9th Kup (**there is no sparring for these grades**)
 - Juniors 12 euro
 - Seniors 15 euro
- (2) All other grades (regardless of what sections participant is competing in)
 - Juniors 20 euro
 - Seniors 25 euro

Entry Forms:

Please note this year Easter is on the 28th of March. For this reason we would ask that all entries are returned by Friday the 25th of March to avoid any delay with school breaks. Please include attending umpires on your submission. Hard copies (signed competitor forms) and student fees must be received by Friday the 1st of April – any person who withdraws from the competition after this date will still need to pay their competitor fee.

Please note that Friday the 26th of March is the final closing date.

Electronic entries should be emailed to brooklodgetkd@gmail.com. All hardcopies and fees should be posted to Alan Troy, 2 Farleigh Place, Montenotte, Cork.

Should you require any assistance then please do not hesitate to contact us.

Yours in Taekwon-Do,

Alan Troy
Club Instructor
E-mail: brooklodgetkd@gmail.com
Tel: 087 614 7161

Amy-Jane Troy
Club Instructor
brooklodgetkd@gmail.com
083 166 2735

(1) Categories for Patterns

White – Yellow Tags	6-8 / 9-10 / 11-12 / 13-14 /15-17 / 18+
Yellow –Green Belt	as above
Blue Tag – Red Tag	as above
Red Belt to Black Tag	as above

Categories may be amalgamated or sub divided depending on numbers

(2) Categories for Sparring:

All sections will be divided into male and female and then into lightweight and heavyweight where appropriate.

Section	Grade
10 and under:	Yellow – Green Tag Green Belt – Red Tag Red Tip – Black Tip
11-12:	As Above
13-14:	As Above
15-17:	As Above
18 + :	As Above

Categories may be amalgamated or sub divided depending on numbers

(3) Special Technique

Overhead kick

Categories will be subdivided based on numbers. Please note this category is only for students 12 years and under